

A WHOLE SCHOOL APPROACH

FULLY FUNDED, IN PARTNERSHIP
WITH THE CHARLIE WALLER TRUST



Building a positive culture of mental health and wellbeing doesn't happen through a single training day. It takes time, consistency and collaboration across every layer of your school with tailored support from our experienced mental health trainers.

Your dedicated trainer will work with you to identify what matters most, offering evidence-based training, practical tools, tailored sessions and support to measure progress in a way that fits your setting.

WHAT WE OFFER AT NO COST TO YOU

Training, tools and practical resources tailored to your school's size and priorities, including:

- Six days of dedicated support across a year, delivered by an experienced mental health trainer who works with you every step of the way.
- One follow-up day every year in subsequent years supporting continuity and sustainability of change.
- Sessions for whoever needs them – leadership, teaching and pastoral staff, parents and carers, and pupils.
- Collaboration with your local Mental Health Support Team where applicable.



WHY THIS APPROACH WORKS

This whole school approach helps create lasting change. It does this by bringing together organisation leaders, staff, pupils and families. It's a proven and measurable way of building openness and increasing confidence around mental health; it has a positive impact on staff wellbeing and pupils resilience.

GET IN TOUCH

01635 869754 - training@charliewaller.org

START THE
CONVERSATION

