

| Service commitments and criteria                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Parent or Carer commitments and criteria                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| You are a UK children and/or young people's mental health service provider within the statutory (e.g., NHS or local authority) or voluntary and community sector ( <i>VCS</i> ). You offer, or are planning to offer, parent carer peer support.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | You are a parent or carer who has lived experience of supporting a child or children experiencing mental health difficulties. You are committed to working or volunteering as a parent carer peer supporter or are already doing so.                                                                                                                                                                                                                                                                                                                                                                  |
| You have partnered, or are looking to partner, with at least one parent or carer with lived experience to undertake the training and are committed to providing a parent/carers peer support service.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | You are volunteering or working within a children and young people's mental health service (or looking to do so); you plan to continue or start providing support to other parents and carers supporting loved ones experiencing mental health difficulties when you have completed the course.                                                                                                                                                                                                                                                                                                       |
| You will use the <b>£3305</b> grant to support the PCPS worker to participate in the training and to acquire experience of supporting parents and carers. This might include salary costs, back fill, expenses, purchasing resources and/or IT equipment, buying in supervision if not available in service or in partnership with another service. As appropriate, the grant spend should be allocated in discussion with the PCPS trainee (for example, incorporating consideration of any reasonable adjustments needed to access the training such as voice to text software). The grant is allocated in two instalments (the first is provided approximately one month before the course start to allow the purchasing of any equipment etc) and the second is provided after both the service and the learner have completed their respective quality assurance requirements (i.e., the grant monitoring form, and the portfolio and course evaluation components). | You will discuss your support needs with your service lead and course tutor prior to the start of the course so that reasonable adjustments can be made as appropriate (for example provision of voice to text software or recognition of a need for additional screen breaks through teaching sessions).                                                                                                                                                                                                                                                                                             |
| A senior manager will attend one of the services regional meetings being held via Zoom on: <ul style="list-style-type: none"> <li>- <b>Tuesday 9<sup>th</sup> December – 1:30 – 2:30pm on Zoom</b></li> <li>- <b>Wednesday 17<sup>th</sup> December – 2:30 – 3:30pm on Zoom</b></li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | You commit to attending the induction session and seven half-days of teaching online, attending monthly supervision sessions, taking part in 30 hours of self-directed learning and completing a self-reflective portfolio (this can be written, verbal, creative). <b>Please note:</b> support is available with the portfolio and reasonable adjustments can be made to suit your learning needs. You have basic IT skills and access to a computer and consistent internet for the training sessions (a grant is available to your service to purchase equipment to support you in your learning). |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>You will nominate a CYPMH professional supervisor to undertake a half-day supervision training day (this training is mandatory and covers the specific considerations when supervising a PCPS trainee).</p> <p>This professional supervisor will support the PCPS trainee during their training, with a minimum of 1 hour of supervision per month to include clinical support and advice as appropriate. A supervision agreement between the supervisor and the learner will be in place to ensure transparency of expectations. The service agrees to support the PCPS worker following the training to work with parents and carers, including the continuation of regular supervision.</p> <p><b>Please note:</b></p> <ul style="list-style-type: none"> <li>If you are a VCS service led by parents and carers, a supervisor needs to be identified from your local CYPMH service.</li> </ul> | <p>You have provided a brief written or spoken supporting statement providing evidence of your lived experience as a parent or carer of a child with mental health difficulties, why you want to do this course and how you will use the training (<i>max 500 words</i>).</p> |
| <p>You have all relevant organisational practices in place including insurance, safeguarding policies and financial management.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <p>You will follow all the relevant organisational practices such as safeguarding policies and data protection.</p>                                                                                                                                                           |
| <p>You will participate in training evaluation and grant monitoring processes (detailing how the grant instalments are utilised to support the learner and to embed the PCPS worker role within your service).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <p>You will participate in training evaluation and weekly course feedback.</p>                                                                                                                                                                                                |